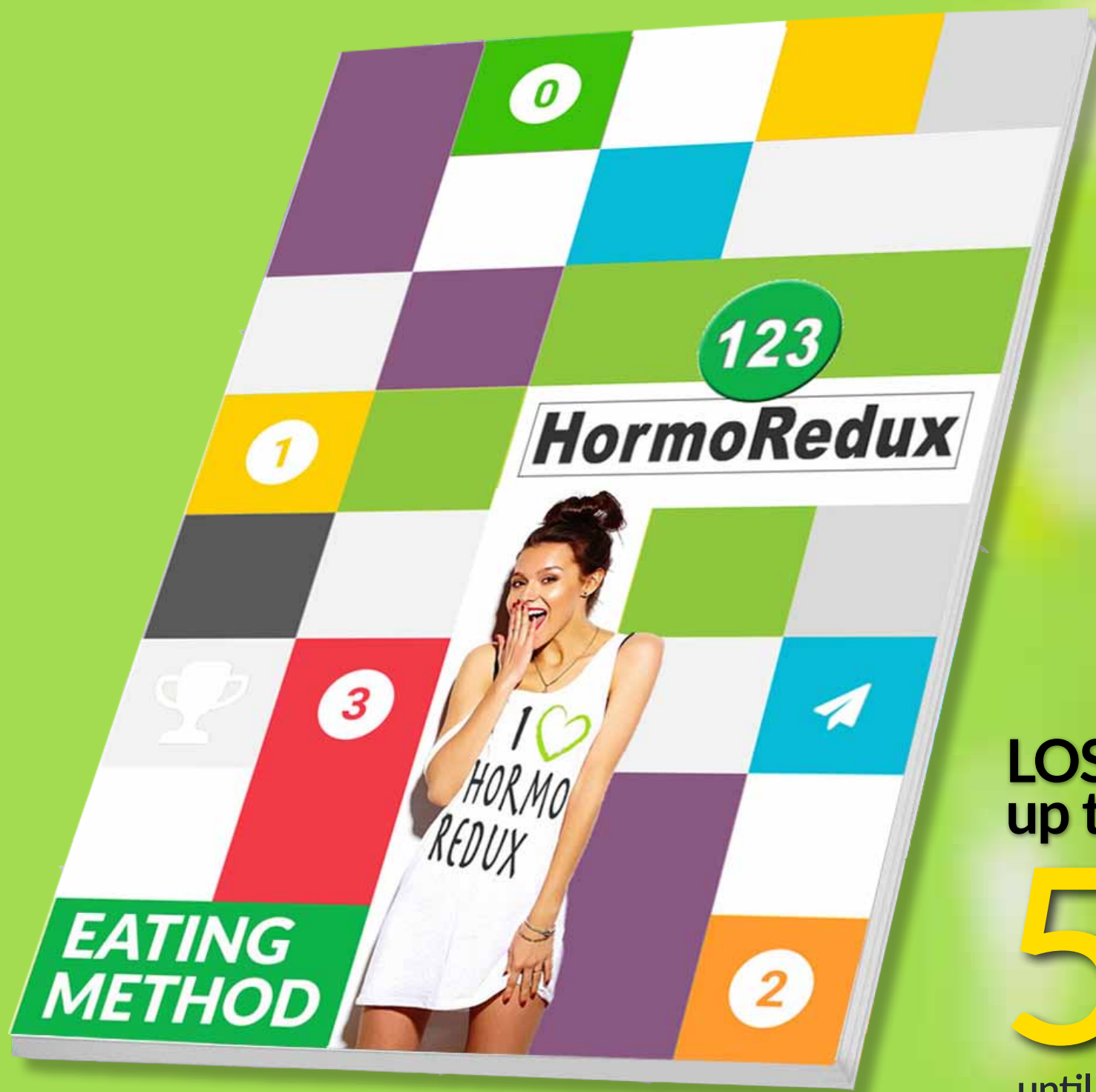


**SPECIAL
REPORT**

TO REDUCE OVERWEIGHT
AND IMPROVE WELL-BEING

HormoRedux



THE TRUTH ABOUT
**THE HORMONAL
IMPACT OF FOOD**

Prevent endocrine
disruptions and
**BOOST YOUR
WEIGHT-LOSS !**

LOSE
up to
5 Pounds
each
week

until you reach
your ideal weight

www.hormoredux.com

**Slimming
has never been
easier...**

Thanks to new **Breakthroughs
in Weight Loss**



HORMOREDEX

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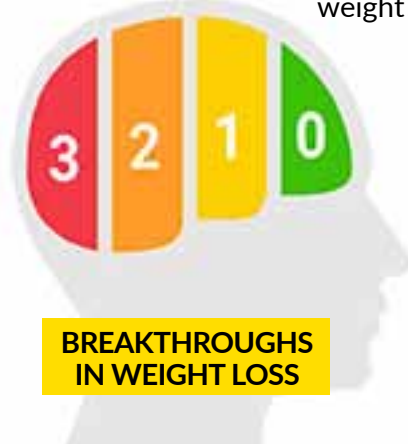
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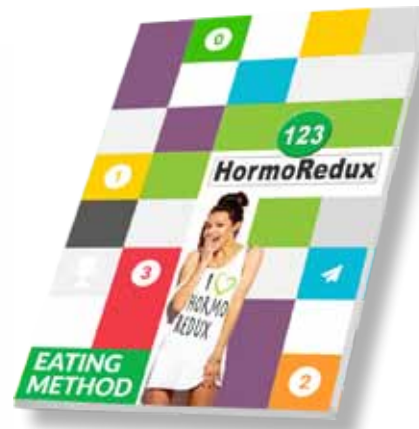
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Why the hormonal impact of food prevents you from losing weight?



BREAKTHROUGHS IN WEIGHT LOSS



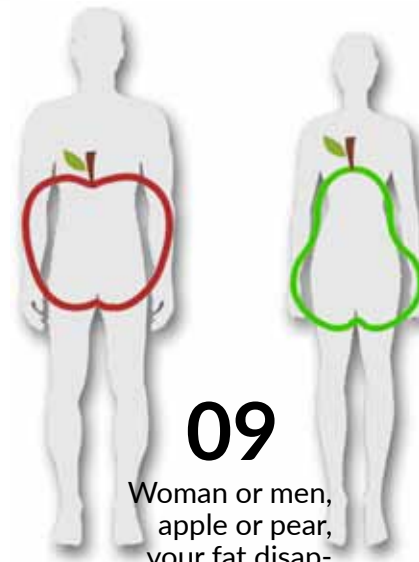
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The HormoRedux eating method



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100% Natural **HormoRedux** method: As easy as 1,2,3...



09

Woman or men, apple or pear, your fat disappears anywhere



10

The four good reasons to get **HormoRedux** now

WELCOME

YOU CAN EASILY LOSE 5 POUNDS EVERY WEEK

CONTINUING TO EAT YOUR FAVORITE FOODS

Dear Madam, Dear Sir,

You want to lose weight, regain your vitality and become more attractive again? You are in the right place because you will discover a simple, natural and pleasant method that will allow you to get rid of your extra pounds and regain your fitness weight once and for all.

My name is Gérard Gabry, I'm a Medical Doctor, a nutrition specialist. For over 25 years, I've analyzed all the metabolic phenomena that can be at the origin of the weight gain. Thanks to my recent findings and the solutions I have developed to correct metabolic disorders, my **brand new HormoRedux method** has been selected for a "North-American Campaign to reduce overweight and improve well-being".

It is within the framework of this campaign that I'm proud to propose the following presentation. It will not be permanently accessible, so I recommend that you read it in its entirety now.

HormoRedux is proof that it is easy to lose up to 5 pounds a week durably, without special effort, without stress, by **continuing to eat your favorite foods** and eating to your hunger. Thanks to this 100% natural, fast-acting method, you will quickly regain your physical fitness and avoid health risks related to being overweight weight.

As a medical doctor, it is my duty to encourage you to take advantage of this opportunity to easily and inexpensively change your everyday life.

Sincerely,

Gérard Gabry, M.D.
HormoRedux Director



DR. GABRY

His extensive research since 25 years led to several key discoveries in the fields of nutrition and metabolism. That, in turn, led to many years of testing his discoveries and authoring works dealing with weight loss.

Today Dr. Gabry is widely considered one of the foremost leaders in the field of weight disorders.

THE HORMONAL IMPACT OF FOOD



Before reading the following pages, if you do not mind, I would like to tell you how HormoRedux was developed and why it was chosen for this campaign.

We have known for several years the role of insulin, a hormone that is systematically secreted during meals. When you eat, the blood sugar level increases and the pancreas secretes insulin. This hormone is used to lower blood sugar by putting sugar in reserve in the liver and muscles. But it has been discovered that insulin is also responsible for storing fat. Nutritionalists have exploited this discovery and most doctors still believe that simply lowering insulin secretion is the silver bullet for all weight problems. This is the reason why most current diets still need to consider the insulin index of foods to try to stop the storage of fat, in other word, stop weight gain. You have certainly heard about these diets and you may have even personally tested them.

**But then why these diets do not work?
Why people do not lose weight or regain all the weight lost, even more?**

To answer this question, scientists needed to look at the deeper reasons your body is resistant to dieting. After years of research, they have recently discovered that during a meal, the levels of two hormones were significantly abnormal in patients with a weight problem. These two hormones are Ghrelin and Leptin. They play a major role because they are responsible for controlling appetite and weight loss. They are the ones who signal hunger and satiety and, if they are not balanced, it will be almost impossible for you to lose weight.

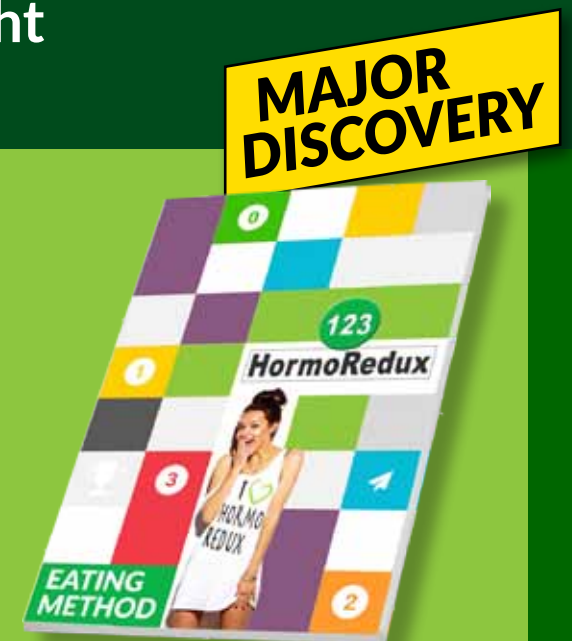
Thanks to this discovery a panel of top-rated scientists were able to work on **HormoRedux** development, a new eating program that positively regulates the secretions of Ghrelin and Leptin. It finally allows all overweight patients to lose weight and finally regain their healthy weight. All clinical tests have proved it, **HormoRedux** guarantees you a weight-loss of 5 pounds per week until you reach your ideal weight.

The innovative mode of action and the proven efficiency of **HormoRedux** are the two main criteria that led to select it for the "North-American Campaign to reduce overweight and improve well-being".

If you have a weight-problem a simple food intake can result in the abnormal secretion of the hunger and satiety hormones that alter your metabolism and promote fat storage.

That's why you keep gaining weight even if you're on a diet...

**That's also why
IT IS ESSENTIAL
for your weight-loss
-as well as for your health-
to get HormoRedux**



THE EXPLANATION OF SCIENTISTS

Ghrelin

Ghrelin is responsible for the controlling the feeling of hunger. If the level of ghrelin is low, you will be less hungry and not feel the need to nibble, especially at night time. Normally, the rate of ghrelin increases before meals, to signal hunger, and then goes down for at least three hours after eating. Research has shown that lowering ghrelin levels results in a lower rate of body fat. The reason for this is that ghrelin does not only signal hunger to the brain, but also promotes fat accumulation in the abdominal area. In addition, by promoting the accumulation of fat in the liver area, it increases the risk of developing insulin resistance - metabolic syndrome.

HormoRedux helps you lose weight by reducing the hormonal secretion of ghrelin.

Leptin

Leptin, meanwhile, signals satiety. It is very important in weight loss because it plays a role in the regulation of appetite, but also in swallowed quantities, metabolism and behavior. Foods have the power to increase or block leptin. Stimulating the secretion of this hormone will speed up your weight loss. The leptin level is proportional to body mass. However, it is often observed that people who suffer from a weight problem have a high rate of leptin but have developed some kind of resistance to the effects of this hormone.

With HormoRedux, your body will become more receptive to leptin messages and you will lose weight by feeling more satiety.

YOU ARE GUARANTEED TO REACH YOUR IDEAL WEIGHT AND KEEP IT FOR LIFE

**FIND
OUT →
WHY**

A method so simple that you will want to teach it to your friends...



Reduce Homonal Impact, Stay thin forever!...

A NEW WAY TO EAT THAT YOU WILL ADOPT FOR THE REST OF YOUR LIFE

To try to slim down, you probably had to do wise research, know the caloric value of each food, use the glycemic index tables, calculate the fat content of a portion, add up, multiply...

The team of researchers who have developed HormoRedux has already done all these calculations for you! They assigned a value to each food based on its 'Fattening Power'.

To know if a meal makes you lose weight, you only have to sum the values of each food.

Add up the values of each food item in your meal.

The closer it is to zero, the more you will lose weight.

As long as the total remains below 4, you have the certainty of losing weight

"Eating must remain something simple and natural: no diet can achieve sustainable goals if it is complicated and frustrating."

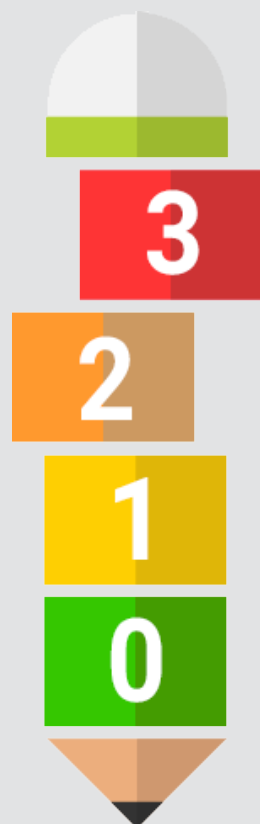
Dr. Gabry

123

HormoRedux

NEW EATING METHOD

Keep eating your favorite foods, but change the way you associate them.

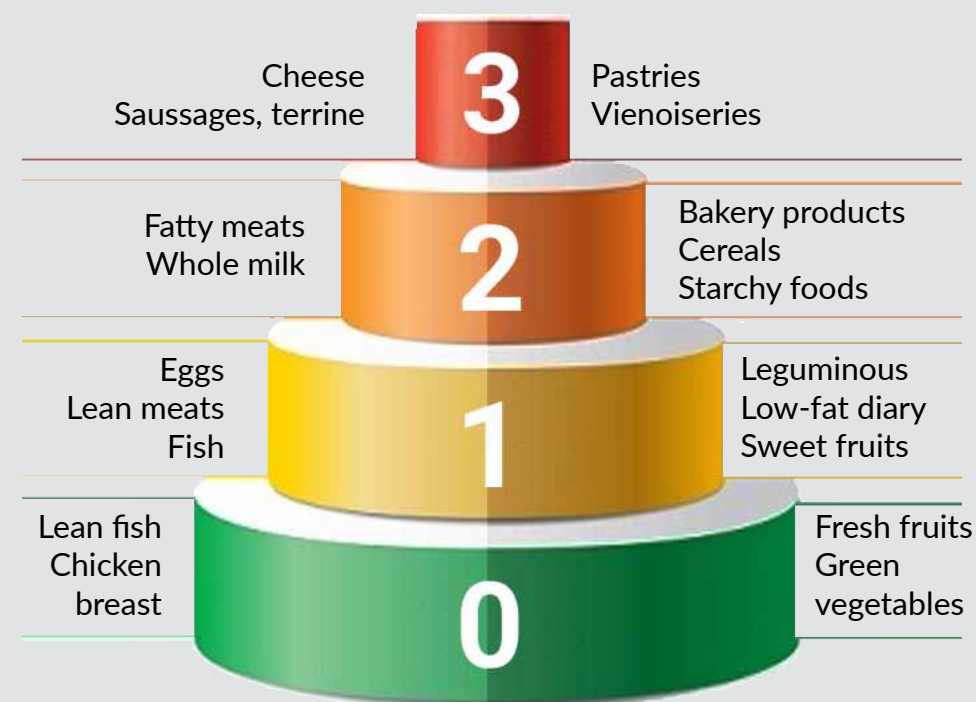


NEW THE 2018 FOOD PYRAMIDE 2000 FOODS CLASSIFIED ACCORDING TO THEIR 'HORMONAL IMPACT'

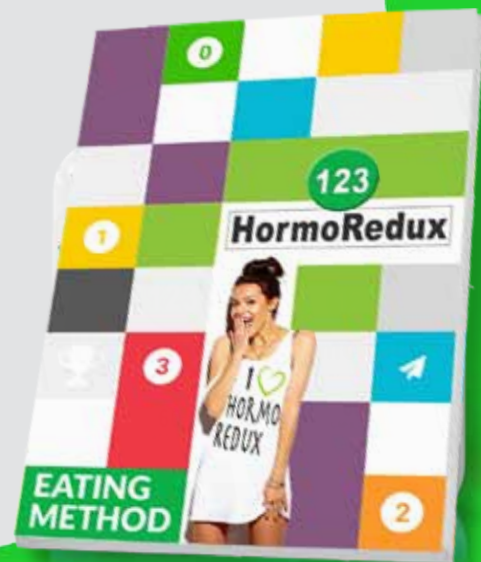
You will inevitably find there your favorite foods

In the HormoRedux Research Team, scientists specializing in nutrition and metabolism have analyzed the impact on hormonal secretions of the 61 main macronutrients of each food.

Knowing perfectly the hormonal impact of more than 2000 foods, they have accurately defined their 'Fattening Power'. That's how the 2018 food pyramid was created.



61 components analyzed for each food



100% ALL NATURAL

HormoRedux METHOD

The only weight loss method that makes women and men lose all their excess fat forever

The natural **HormoRedux method** get to work within a few days regulating the hormonal impact of absorbed food and restoring to your organism all its original metabolic capacities, exactly the ones you had at birth, before you start gaining weight.

The effects of the **HormoRedux method** guarantee you the fastest and most natural weight loss. Whether you want to lose 20 or 40 pounds in a short period of time, or are morbidly obese and have a lot of weight to lose quickly, HormoRedux will work for you.

As clinical studies have shown, **HormoRedux** helps patients safely lose enormous weight in record quick time. It's a wonderful and especially safe alternative to liposuction and gastric bypass surgeries.



This **BOOK** is written in plain, everyday language you can understand. It tells you how to combine your preferred foods in your meals in order to **lose all your extra pounds and stay slim forever.**



THE EXCELLENCE OF THE WORK DONE BY

THE RESEARCH TEAM

The HormoRedux team has found the most effective solution to help you **LOSE ALL YOUR EXTRA POUNDS AND STAY THIN FOR EVER.**

It is now clinically proven that to lose weight, all you have to do is properly control and keep your hormonal secretion levels consistent in each meal.

HormoRedux researchers used this discovery to **create FOR YOU the ultimate hormonal controller method.**

96% OF PATIENTS ACHIEVED EXCELLENT RESULTS

Decrease in waist circumference

5-7 cm
15%

8-10 cm
51%

11+ cm
34%

Weight Loss

pounds
10-20
52%

pounds
20-30
31%

pounds
30+
17%



Whether you're a man or a woman, no matter where your excess fat is located, you can lose more than 20 pounds per month.

Well-being improvement

100%

Disappearance of postprandial pains: bloat, heaviness, sleepiness...

99%

Melting of abdominal fat
Waist circumference reduction

100%

Decreased subcutaneous fat and cellulite

95%

1 You learn how to associate your favorite foods into your menus according to the rules of the new HormoRedux eating method.

2 In order to boost the regulation of hormone secretions and speed up your weight loss, you keep the sum of food values of each menu the closer to zero as possible (and never more than 3).

3 Once you reach your ideal weight, you just just have to keep the sum of food values of each menu under 5 in order to **STAY SLIM FOREVER.**

HOW YOU'LL LOSE WEIGHT AND STAY THIN FOREVER EXPLAINED IN 3 EASY STEPS

OUR STUDY WAS A SUCCESS

Before selecting **HormoRedux** for the "North-American Campaign to reduce overweight and improve well-being", it was mandatory to prove that this method was more efficient than any other competing method.

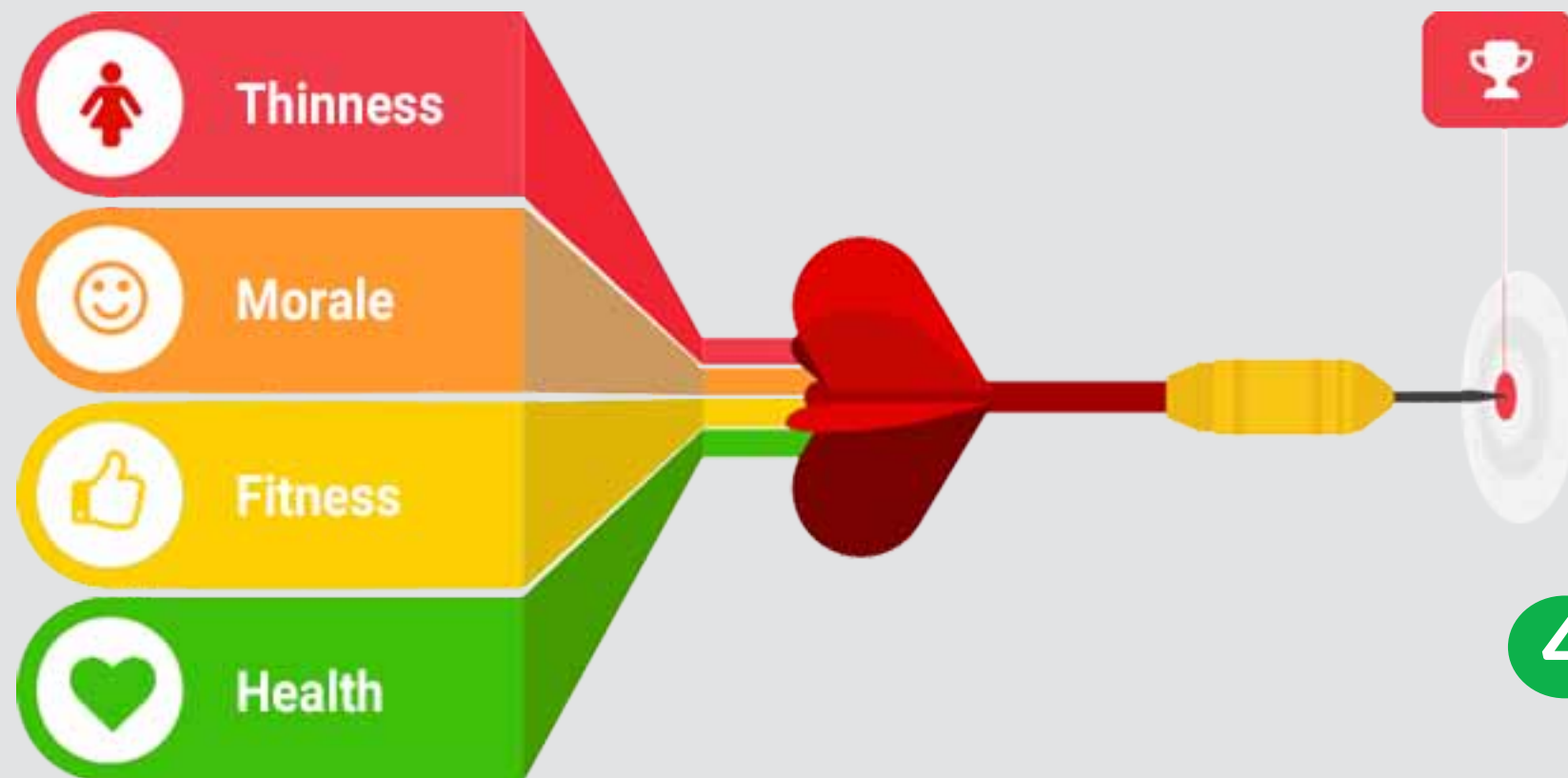
THE FINAL STUDY WAS CONCLUSIVE. Patients following the 123 eating method were able to effectively maintain hormonal secretions at a stable level after each meal and thus lost enormous amounts of weight in a very short period of time.

Certificate of Guarantee

You'll stay thin forever

Once you've reached that ideal weight, your body has naturally integrated all the appropriate changes, and just matching the food in your meals according to the HormoRedux method is enough for you to stay slim forever and never regain the lost pounds.





4 REASONS TO START NOW!

1 FIND THE BODY YOU'VE ALWAYS DREAMED OF.

You are not satisfied with your current silhouette. You want to lose weight. And you have good reasons for this:

- » These extra pounds weigh on your back and your legs;
- » It is painful and tiring;
- » You do not like your silhouette in the mirror, and this overweight prevents you from wearing the clothes you love;
- » These pounds will age you at least 5 years... maybe more!

This overweight spoils your life, and you do not know how to get rid of it. You feel condemned to bear those extra pounds, that tiredness and that silhouette you do not like.

It's time to decide to refine your silhouette and regain your fitness. It is now possible... You just have to get **HormoRedux**, the right tool to lose 5 pounds of fat every week while continuing to eat your favorite foods - and without having to exercise.

2 LIGHTER IN YOUR BODY, MORE LIVELY IN YOUR MIND!

Admit it, your overweight is ruining your life. Your mirror and your scale send you information that negatively affects your morale... Yet you know: 4 pounds less is a size less, skirt or pants! So, change of look now wouldn't it be a good decision? Feel good about yourself, wear fashionable clothes, have a personal image that you like, receive compliments, have more confidence in you... All this is simple and easy today with **HormoRedux**!

WHY NOT START RIGHT NOW?

4

As Director of the "HormoRedux Program", I must intervene to talk about the 4th reason you have to start losing weight now because



IT IS YOUR HEALTH THAT'S AT STAKE

You can talk to your family doctor or any specialist, all will confirm that there are **6 MAIN DANGERS** of being fat: Heart diseases, Cancer, Diabetes, Stroke, Gallstones, Nighttime Suffocation...

I do not want to be alarmist, but I have 3 simple examples for you:

- » Your overweight increases your risk of diabetes. Indeed, you have 2 times more risk of developing diabetes with only 12 to 20 extra pounds!
- » Do you know that 4 single extra pounds increases your risk of arthritis by 10%. Just think of the pain you often feel in your knees or ankles! These joints must support the entire weight of your body on a surface no larger than a business card. When you move, you put pressure on your joints. Due to these pressures, your ankles support up to 7 times the weight of your body. You understand that every extra pound is a pain for your joints.
- » The risks are even more serious for men. Many studies have shown that cardiovascular risks are directly related to their waist size. This means that their "belly" is not only unsightly. It is also very dangerous, and it can be fatal. Because more the waist circumference increases, the higher the risk of infarction.

The lesson to remember from all this seems obvious: The more you refine your silhouette, the more happy and secure you are!

Start now! Do it for yourself, you ARE the most important person in your life. Do it for your family too. They only want what's best for you and they will be proud of you...

3

BE ENERGIZED FROM MORNING TO EVENING!

Lack of tone, fatigue at the least effort?... Not easy to run when you have extra pounds. Overweight makes you out of breath. The abdominal fat compresses the lungs at the diaphragm. As soon as the fat melts, the lungs will resume their amplitude. You may not go up the steps four by four, but you will climb the stairs without constantly being out of breath...

HormoRedux restores your biological rhythms and puts in place all the necessary actions needed to make you reach your fitness weight while restoring an optimal energy level. Isn't this what you've always dreamed of? So why not try this brand new method right now?

100%
EFFECTIVE!
FOR BOTH
WOMEN
AND MEN



THOUSANDS OF
PEOPLE HAVE
ALREADY LOST
UP TO 85 POUNDS...



THE ONLY WILL
POWER you'll need
in order to lose
all the unwanted
weight is adding
HormoRedux to
your daily routine



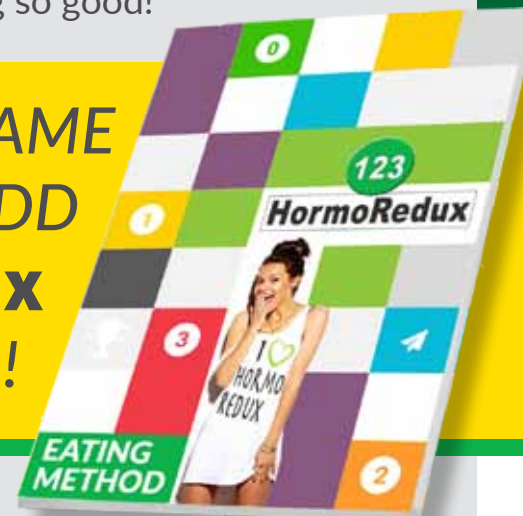
Users **PRAISE** The Power of **HormoRedux**

Slimming and pleasure !

Finally a simple method that takes into account our desires and leads us to unsurpassed weight loss without dieting.

- I eat everything I love and I thin down without effort...
 - I finally lose weight without being exhausted or depressed...
 - Who said that to lose weight you must eat less?..
 - Thinness, energy and well-being...
- We never want to stop feeling so good!

YOU TOO WILL GET THE SAME
RESULTS, SIMPLY ADD
HormoRedux
TO YOUR DAILY ROUTINE !



“ Thank you very much! Thanks to HormoRedux! By the end of 6 weeks, we have lost more than 60 pounds - Fred 28 pounds - me 33 pounds! It works really well. We eat what we want, as much as we want, and we are both slim now, full of energy. Fred told me that I have never been so sexy. We are happier (and more in love) than ever. We will always be thankful for the opportunity you gave us to change our lives.

Cathy and Mikael S.



“ I'm 48 years and I have tried everything to lose weight. Nothing ever worked... and I never felt well. HormoRedux changed my life. After 8 weeks my body was truly transformed. Fat and fatigue are gone. I have never felt such a feeling of well-being. God Bless you!

Sandy G.